Job seeking and Services of Employment and Economic Development Office to foreign jobseekers

Central Finland Employment and Economic Development Office (TE-Office)

Updated 8/2017
Labour market in Finland and Central Finland

- in June 2017 unemployment rate in Finland 12.2 %
in Central Finland 14.3 % (18 240 persons)

- unemployment rates in biggest cities:  
  Espoo 10.2 %, Vantaa 11.3 %, Helsinki 12.1 %, Kuopio 12.8 %, 
  Tampere 14.8 %, Jyväskylä 15.5 %, Turku 15.5 %, Oulu 16.5 % and 
  Lahti 16.5 %

- in Central Finland 1809 new vacancies in June 2017

- unemployment rates are high among academic jobseekers and 
among non-skilled jobseekers

You can check the unemployment situation monthly [www.tem.fi > publications > employment bulletin](http://www.tem.fi)
Permits required for working in Finland

- 3 kinds of residence permits: residence permit, employee’s residence permit and residence permit for a self-employed person

- the right of residence for EU/EEA-citizens is registered with the Finnish Immigration Service (EU_REK application) if:
  a) you are employed or self-employed
  b) you have a family reason to stay in Finland
  c) you will stay more than 3 months in Finland

- non-EU/EEA-citizens need an employee’s residence permit or e.g. B-status as a student (right to work 25 hours a week and full-time in student holidays)
Services of the TE-Office for foreigners

- in order to be able to register as a jobseeker you must have a residence permit A or P (continuous or permanent) or a residence permit B or an EU/EEA-citizenship

- without any registration you can get help and information on job seeking and Finnish labour market

- registration for B-permit holders is recommended only at the last stage of your studies (e.g. in last year) or when you speak Finnish well

- if you have B-permit and you have worked 26 weeks at least 18 hours/week after 30.12.2013 and you are no more a full time student and you are unemployed, you may get unemployment benefit
If you have “full rights” for services (Kela has issued you a decision on your right for Finnish social security benefits) you can get:

- unemployment benefits  
  * if you have B-permit then only if you have worked minimum 26 weeks after 30.12.2013

- vocational counselling (career planning)

- labour market training + job seeking training

- special services for disabled (occupational rehabilitation)

- subsidized placement and on-the-job-training

- subsidy for job seeking travels in Finland and to another EU/EEA-country

- start-up grant for setting up a business
How to find work?

Learn Finnish! Learn Finnish! Learn Finnish! Learn Finnish!

www.te-services.fi – the labour administration website:

1. Avoimet työpaikat (=vacancies)
2. If you have online bank identifiers or a Finnish e-card you can post your CV to advertise yourself to employers on CV-netti
3. Use "Vahti" vacancy watch service and you will receive notifications of vacancies by e-mail. Available also as a mobile service.

Start here

www.te-palvelut.fi
www.te-services.fi
Avoimet työpaikat

= Vacancies

Free search

Write e.g. Keski-Suomi or Jyväskylä

Click for More options
Under "More options" vacancies written in English language
- The National Telephone Service gives you personal advice about work permits, jobs and labour market from Monday to Friday between 9.00-16.15:
  Tel. 0295 025 500 Finnish, 0295 025 510 Swedish, 0295 020 713 English, 0295 020 715 Russian

- newspapers like Keskisuomalainen and Helsingin Sanomat

- private recruitment agencies

- company websites – send open applications

- remember: about 70 % of the vacancies are invisible (ask directly from companies, use networking, friends, neighbours, teachers…)
www.foreammatti.fi

An online service which gives you answers e.g. to questions like how many open vacancies there are per profession or where the jobs are situated or what skills employers demand from jobseekers. In Facebook too.
Occupational barometer – Employment outlook by occupation and regional estimates; take “summary, poster” and e.g. Central Finland

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<th>Occupation</th>
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EURES – the European Job Mobility Portal

http://eures.europa.eu

- information about vacancies, living and working conditions, the regional labour markets in Finland and the entire EU/EEA-area

- CV-Search: Only registered employers are allowed to read the CVs
Want to start your own business?

You may get a startup grant if you set up as a full-time entrepreneur.

Read first: [www.yrityssuomi.fi/en](http://www.yrityssuomi.fi/en)
Jyväskylä Business and Innovation Factory [www.jklyritystehdas.fi](http://www.jklyritystehdas.fi)

Book an appointment with the TE-Office (both telephone services Mo-Thu 9-11):

Jyväskylä and Joutsa area: Kari Lintunen, tel. 0295 046 120
Other areas in Central Finland: Juhani Lehtonen, tel. 0295 046 114
firstname.lastname@te-services.fi

Please, notice: Don’t register your company before contacting the TE-Office!
The startup grant must be applied **before** you have started your business.
Applications and CVs

An application (hakemus, hakukirje) should always be tailored for that specific job (read the add carefully):

- mention the job you are applying for and where you heard about it
- your motivation to get the job
- highlighten your strenghts and qualifications but don’t duplicate sentences from your CV
- write clearly, total lenght max one A4
- send it on time and to the right person/e-mail address
CV (CV, ansioluettelo), max two A4s:

- list your past educations and work experiences
- important information:
  - your contact details
  - personal information (day of birth, gender, nationality)
  - education (dates, majors and minors)
  - jobs (dates, tasks)
  - language skills
  - computer skills
  - non-work positions of responsibility
  - hobbies
CV models you can find in [www.europass.fi](http://www.europass.fi)

Europass CV
Create your own Europass CV
Examples of completed CVs in 24 languages
Learn Finnish! Learn Finnish! Learn Finnish! Learn Finnish! Learn Finnish!

Finnish online courses:

http://www.infopankki.fi

www.kotisuomessa.fi

http://elearning.fi/matsku

Check if Multicultural Center Gloria in Jyväskylä Matarankatu 6 has suitable discussion groups in Finnish www.monikulttuurikeskus-gloria.fi
Other useful links:

www.suomi.fi - Information about public services in Finland

www.enterfinland.fi – Online service of the Finnish Immigration Service

www.finland.fi - This is Finland

www.te-info.fi - Information about the immigration services of the TE-Office

www.tem.fi – use search word “Perustietoa Suomesta” and you’ll find Life in Finland guide in various languages
Central Finland Employment and Economic Development Office, TE-Office
Vapaudenkatu 58 A, 40100 Jyväskylä
Open Mo-Fr 9.00 a.m – 16.00 p.m. (1. floor information service)

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